



FLATBREAD CHIPS

15191 - 6" Round Whole Grain Flatbread

EACH FLATBREAD PROVIDES 2 OZ. EQ. GRAIN FOR USDA CHILD NUTRITION FOOD BASED LUNCH MENUS.



1. Prior to Use: Store product frozen at 0 to -10F. **Remove bagged flatbreads** and place at room temperature to thaw for up to 5 days.



2. Place thawed flatbread on a lined sheet pan and spray with olive oil, vegetable oil or butter flavored vegetable oil.



3. Sprinkle lightly with one of the following:
Cinnamon-sugar mix
Italian herbs
Taco seasoning
Grated cheese
Parsley & Parmesan cheese



4. Bake at 350°F until the flatbread is just crisp around the edges.



5. Use a pizza wheel to cut the crisp flatbread into wedges or strips.



6. Top flatbread with another flatbread with the grilled side up. Brush the top flat with 1 tsp. melted butter.



7. Serve with a matching dip such as:
Applesauce with cinnamon chips Or
Salsa with Taco flavored chips



8. Serve with a matching dip such as:
Sweet N Sour sauce with Asian spiced chips.
Or Hummus with garlic/rosemary chips

Nutrients for 1 Plain Flatbread

Analyzed with NutriKids®

Calories: 160 kcal
total Fat: 4.00 g
Sat Fat: 0.50 g
Trans Fat: 0.00 g
Cholesterol: 0.00 mg
Sodium: 150.00 mg
Carbohydrates: 27.00 g
Dietary Fiber: 3.00 g
Protein: 5.00 g
Vitamin A: 0 RE
Vitamin C: 0 mg
Calcium: 46.08 mg
Iron: 0.80 mg

*slight nutritional variations with toppings