



GARLIC HERB CHEESE BOMB STUFFED BUNS

13918 - Whole Grain Roll Dough

EACH STUFFED SANDWICH ROLL PROVIDES: 2 OZ. EQ. WHOLE GRAIN-RICH AND 1 OZ. M/MA FOR USDA CHILD NUTRITION FOOD BASED MENUS.



1. Prior to Use: Store product frozen at 0 to -10F.



2. Remove roll dough pieces from the case and place on parchment lined sheet pans sprayed with oil about 2 -3 inches apart. **Cover** the pan of frozen dough with a sheet of plastic sprayed with pan release oil



3. Place the covered pan of dough on a rack and place in the cooler overnight or leave at room temperature until the doughs are thawed.



4. Slightly flatten thawed dough pieces into 4" round and place a 1 oz. cube of mozzarella cheese in the center of each roll dough.



5. Pull the edges of the dough up over the cheese. Pinch & twist the dough to seal the dough.



6. Place the filled rolls with the seam on the bottom on a lined sheet pan. Brush the tops of the filled roll doughs with a mixture of melted butter or olive oil, crushed garlic, dried parsley flakes and a pinch of sea salt.



7. Cover the doughs with a sheet of oiled plastic wrap and allow dough to rise until almost double in size.



8. Bake in a 325°F convection oven for 12-15 minutes or until crust is light golden brown and protein fillings reach 165°F.

Nutrients for 1 Sandwich

Analyzed with NutriKids®

Calories: 298 kcal
Total Fat: 13.16 g
Sat Fat: 3.43 g
Trans Fat: 0.00 g
Cholesterol: 9.64 mg
Sodium: 363.03 mg
Carbohydrates: 29.19 g
Dietary Fiber: 3.45 g
Protein: 14.18 g
Vitamin A: 25.37 RE
Vitamin A: 114.76 IU
Vitamin C: 0.39 mg
Calcium: 222.76 mg
Iron: 1.00 mg
Water: 15.99 g
Ash: 1.27 g

39.80% Calories from Total Fat
10.36% Calories from Sat Fat
39.23% Calories from Carbohydrates
19.98% Calories from Protein